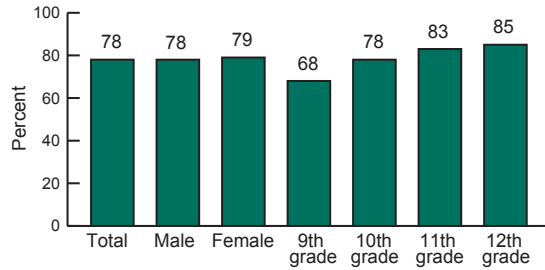


# ALCOHOL

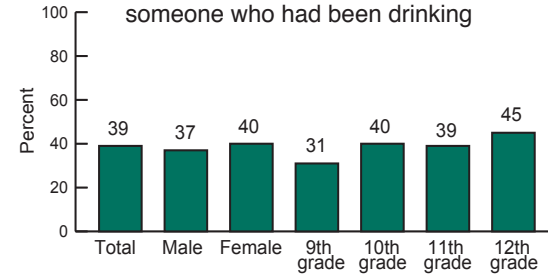
Percentage who had at least one drink of alcohol in their lifetime



Percentage who had at least one drink of alcohol in the past 30 days



Percentage who rode in a vehicle in the past 30 days driven by someone who had been drinking



Percentage who drove a car or other vehicle in the past 30 days when they had been drinking



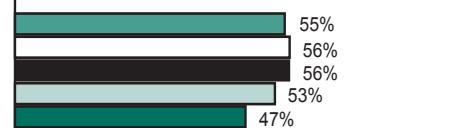
## TRENDS...



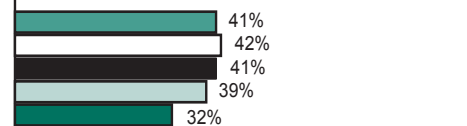
Had at least one drink of alcohol during their lifetime



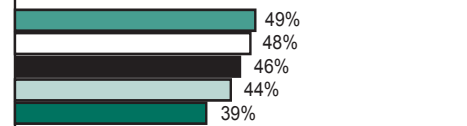
Had at least one drink of alcohol during the past 30 days



Had 5 or more drinks of alcohol in a row during the past 30 days

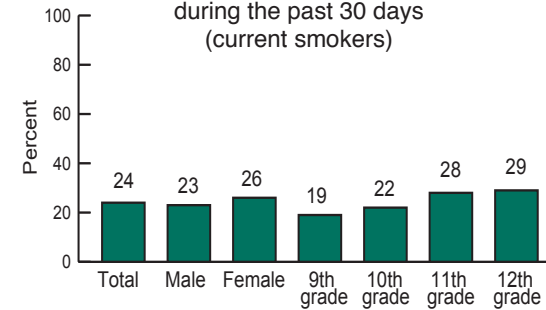


Rode in a vehicle driven by someone who had been drinking alcohol during the past 30 days

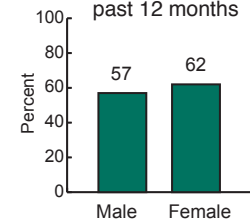


# TOBACCO

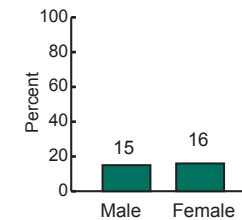
Percentage who smoked cigarettes during the past 30 days (current smokers)



Percentage of current smokers who tried to quit during past 12 months



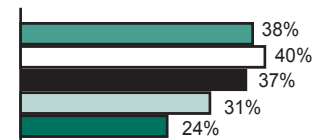
Percent who smoked two or more cigarettes per day on the days they smoked



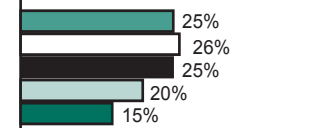
## TRENDS...



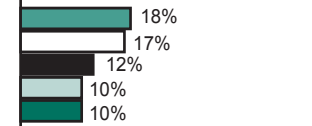
Smoked cigarettes during the past 30 days



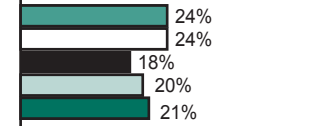
Smoked two or more cigarettes per day on the days they smoked



Chewed tobacco during the past 30 days

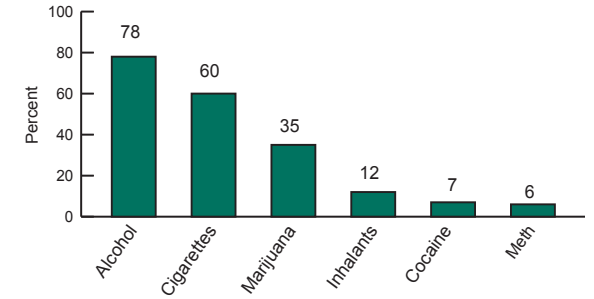


Smoked first whole cigarette before age 13



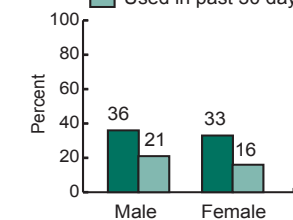
# OTHER DRUGS

Percentage who have ever tried . . .

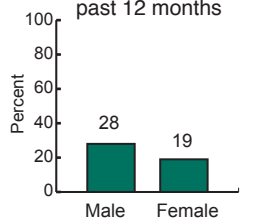


## Marijuana:

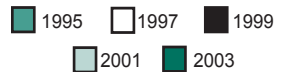
Ever used  
Used in past 30 days



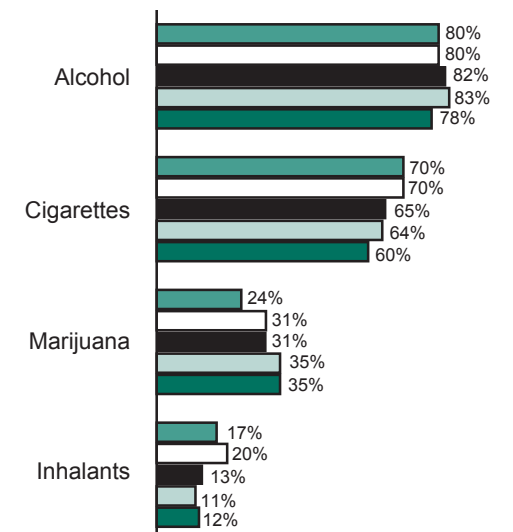
Percentage who had an illegal drug offered, sold, or given on school property in past 12 months



## TRENDS...

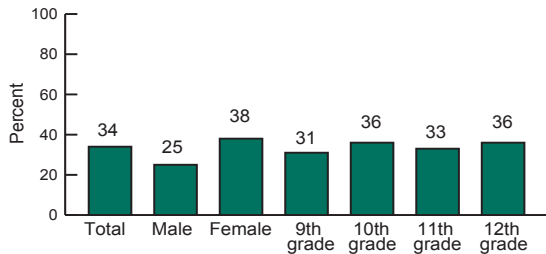


Percentage who have ever used . . .



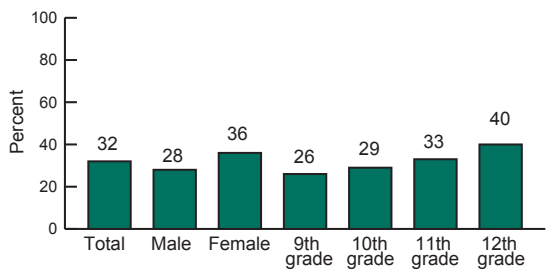
# PHYSICAL ACTIVITY & NUTRITION

Among students currently trying to lose weight, percentage using high-risk weight loss methods\* to lose weight



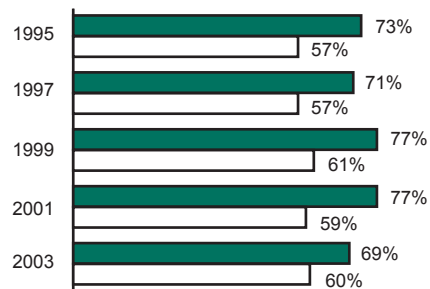
\*Fasted for 24 hours or more, took diet pills or supplements without a doctor's advice, vomited, or used laxatives during the past 30 days.

Percentage who did not participate in moderate or vigorous levels of physical activity during the past 7 days



## TRENDS...

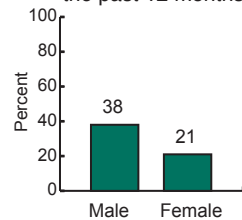
Percent who participated in vigorous physical activity for at least 20 minutes on three or more of the past seven days



# INTENTIONAL & UNINTENTIONAL INJURIES

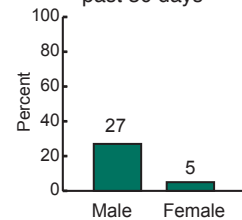
## Fights:

Percentage in a physical fight during the past 12 months



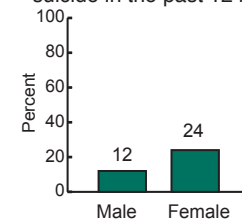
## Weapons:

Percentage who carried a weapon during the past 30 days



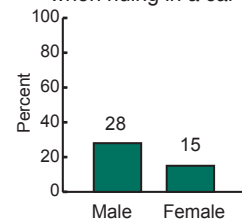
## Suicide:

Percentage who seriously considered suicide in the past 12 mo.

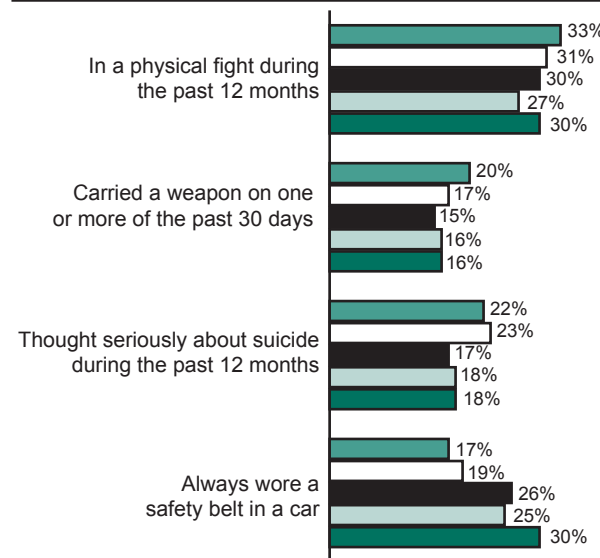


## Safety Belts:

Percentage who never or rarely wear safety belts when riding in a car

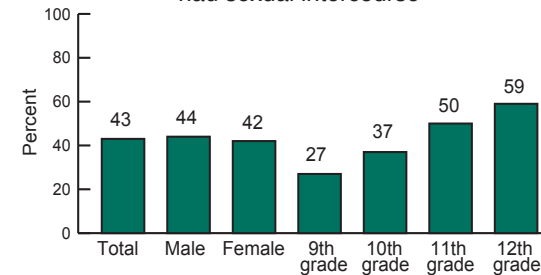


## TRENDS...

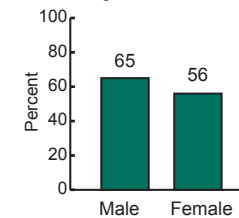


# SEXUAL ACTIVITY HIV/AIDS

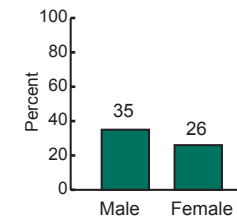
Percentage of students who have ever had sexual intercourse



Of those who had intercourse during the past 3 mo., percentage who used a condom during last intercourse



Of those who ever had intercourse, the percentage who used alcohol/drugs before last intercourse



## Notes

In the spring of 2003, the Youth Risk Behavior Survey (YRBS) was completed by 2,933 students in 56 public high schools. The school response rate was 67%, the student response rate was 93%, and the overall response rate was 63%. The results are representative of all Nebraska students in grades 9-12.

Students completed a self-administered, anonymous, 96-item questionnaire. Survey procedures were designed to protect the privacy of students by allowing for anonymous and voluntary participation. Local parental permission procedures were followed before survey administration.

The Youth Risk Behavior Survey of 9<sup>th</sup>–12<sup>th</sup> grade students and this document are funded by grant funds from the Centers for Disease Control and Prevention.

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Richard A. Raymond, M.D., Director  
Department of Health and Human Services  
Regulation and Licensure

ADA/EOE/AA

THP-02 (11/04)



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# NEBRASKA ADOLESCENTS

2003

This report is about Nebraska's adolescents and their health risks. It highlights results from the 2003 Youth Risk Behavior Survey of 2,933 Nebraska young people in grades 9-12 enrolled in a sample of public schools in the Spring of 2003.

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[www.hhs.state.ne.us](http://www.hhs.state.ne.us)

NEBRASKA HEALTH AND HUMAN SERVICES SYSTEM

